

MADE Care and Support Plan



Personal Details

Which pathway has this Care and Support Plan step come from?

- OT Assessment
- Enablement Final Review
- Care Needs Assessment
- Review
- LD Transitions
- Short Term Pathway

Name

Johnny Black

Date of birth

25/07/1987

Age

37

Address

Elmley H M Prison
Church Road
Eastchurch
Sheerness
ME12 4DZ

Current address

Elmley H M Prison
Church Road
Eastchurch
Sheerness
ME12 4DZ

Summary of Telephone Numbers

Home 0

Household Structure

NHS ID

Gender Male

Is the gender the person identifies with the same as was registered at birth?

Yes No

Ethnicity Not Stated

Sub-Ethnicity Information not yet obtained - not refused

Ethnicity Details (if Other)

Religion Not Stated

Preferred Language Unknown

Nationality Not Known

Marital Status Unknown

Service User Group Physical Support Access and Mobility Only 18-64

Sexual Orientation

Heterosexual or Straight Gay or Lesbian Bisexual Other sexual orientation not listed

- Person asked and does not know or is not sure Not stated (person asked but declined to provide a response) Not known (not recorded)

Has the person previously served in the UK Armed Forces?

- Yes, previously served in Regular Armed Forces Yes, previously served in Reserve Armed Forces No

Employment status

Not in Employment - Imprisonment

GP Details

Surgery Name and Address

Contact number

Is there any reason to doubt the person's mental capacity in being able to participate fully in this process?

- Yes No
 Not Known

Does the person have substantial difficulty in being fully involved in the assessment process?

- Yes No

Communication Needs

Does the person have any communication needs?

- Yes No
 Not Known

Additional information - please describe any specific communication needs e.g. 'only contact by text', 'do not call in the morning'.

- Interpreter Required?
- Please confirm that communication needs have been reviewed

Pen Picture

No image
entered

Visit to Johnny on HB6 by Emma Gartside and Nicky Simpson 22/07/2024. Johnny is currently on the 2s in a top bunk.

Johnny has a diagnosis of Erb's palsy which has impacted on his l side following a forceps delivery at birth and he has thrived to be as independent as possible throughout his life. This condition left Johnny with a weaker left arm and slight in turned left foot however the last 2 weeks approximately there has been a severe deterioration in his mobility and he is now displaying a more typical gait associated with cerebral palsy. Johnny reported that this is the first time that this has happened to him and he has the GP 23/07 and physio 25/07.

He also has a diagnosis of COPD.

Johnny described himself as stubborn and has always been used to being independent and doing everything himself so to require support at this time is not something that he wants.

Johnny was living with his Mum in Chatham prior to prison however is not able to return there as he has been "thrown out". He attended a regular school as a child and had a statement of educational needs (pre EHCP) for support as he has severe dyslexia with associated learning difficulties. He finds information verbally shared with him easier to comprehend than written information. Johnny shared that he was kicked out of home at 13 and lived with his nan and grandad who sadly passed away when he was 15 just before he was 16. He took himself to Social Services who then placed him in a hostel. He resumed contact with Mum and Dad.

Due to his mobility impacted on this time, Johnny is waiting for the queue to die down before he goes to the servery to collect his meals. Johnny wants to continue to do this himself without assistance however there is a risk of him falling when he is carrying his meal up the stairs and spilling it over himself and/or others. He declined a tray to support him.

Johnny shared that he is having regular showers in prison and that he doesn't need any aids or adaptations. He declined a shower stool or long handled sponge although he shared that he is having difficulties bending over at this time, He was previously able to get into the bath at his mums which had a shower over the bath. This was prior to this recent deterioration in his mobility. He is able to cut his own toenails when sitting down. He demonstrated that he could reach his toes when sitting down. He declined any referral to the dentist as he had teeth removed following excessive drinking of energy drinks.

He shared that he is able to get on and off the toilet.

Johnny is managing the stairs using his own style of walking however his legs are now shaking and he is at high risk of falls. He has had falls both at work and on the landing. When walking along the landing he holds on to the bannister for support. Johnny is also using his own style of getting on and off the bunk- his cellmate has offered to swap beds but this was declined by Johnny. He declined a walking stick.

Johnny is collecting his medication on a weekly basis from the hatch and holds these in his possession.

He manages his spends OK however does have debt on the outside for phone contracts. The debts are with professional agencies so he is not concerned about these whilst in prison.

Johnny is currently unable to work in the laundry at this time due to the risk of falls in the workplace. Johnny enjoys working and worked in the community doing car valetting, bar work, digger cleaning and has previously volunteered on a miniature railway when living in Burnley.

Johnny has not had any visits yet; he is leaving it up to his Mum as to whether she wants to visit or not. He has 3 children - 2 of which he does not know their whereabouts and a third son that he has contact with via Letterbox. Johnny also has an ongoing case as to whether he is the father of a 4th son which Childrens Services are involved with. Johnny has spoken to his step father. He has had no contact with his solicitor/ barrister yet with regards to his court case.

Johnny is adamant that he does not want support on the wing at this time and this has been relayed by email to Healthcare and WIng staff. Miss Churchill (officer) is going to speak to Johnny regarding the risk of this.

08/08/2024 UPDATE- There has been a deterioration in Johnny's mobility and a fast track 2 week referral has been made to neurology. Johnny has agreed to a Care Needs Assessment and support to be put in place. He is finding walking difficult and has agreed to accept support to have a daily shower.

Care and Support Needs Identified at Assessment

Maintaining personal hygiene

Ability to achieve outcome

Unable to achieve without assistance

Significant impact on well-being

Yes

Being appropriately clothed

Ability to achieve outcome

Unable to achieve without assistance

Significant impact on well-being

Yes

Managing toilet needs

Ability to achieve outcome

Unable to achieve without assistance

Significant impact on well-being

Yes

Being able to use the home safely

Ability to achieve outcome

Unable to achieve without assistance

Significant impact on well-being

Yes

Managing and maintaining nutrition

Ability to achieve outcome

Unable to achieve without assistance

Significant impact on well-being

Yes

Maintaining a habitable home environment

Ability to achieve outcome

Unable to achieve without assistance

Significant impact on well-being

Yes

Making use of necessary facilities in the local community

Ability to achieve outcome

Unable to achieve without assistance

Significant impact on well-being

Yes

Eligible Needs

Maintaining Personal Hygiene
Being Appropriately Clothed
Managing Toilet Needs
Being able to make use of the Home Safely
Managing and Maintaining Nutrition
Maintaining a Habitable Home Environment
Making use of Necessary Facilities in the Local Community

Non-eligible needs

Non-assessed domain

Developing and Maintaining Family or Other Personal Relationships
Accessing and Engaging in Work, Training, Education or Volunteering
Carrying out any Caring Responsibilities the Adult has for a Child

Overall eligibility decision

Eligible

My Support Needs Identified and My Personal Outcomes

Are there any other plans for the person that need to be taken into consideration (such as plans of carers or family members, or Education, Health and Care, multi-agency, Section 117 Mental Health Act and other plans)?

Yes

No

Eligible Needs

Managing Personal Hygiene

Include picture?

Personal Outcomes

Johnny is concerned about the deterioration of his mobility however recognises that support to have a regular shower will be beneficial at this time. Johnny was previously independent and is finding the need for support difficult to accept.

How the eligible care and support need is being met informally

How the unmet eligible need will be met by Personal Budget (if relevant)

Carers to support Johnny 30 mins double handed daily to have a shower.

Any information and advice to prevent, reduce and delay developing needs

Is this domain a section 117 Mental Health Act eligible need?

Yes

No

Being appropriately clothed

Include picture?

Personal Outcomes

To have clean clothes to wear.

How the eligible care and support need is being met informally

Wing Carer to support Johnny to take his clothing to the drop off/collection point as needed. Johnny wants to remain as independent as possible

How the unmet eligible need will be met by Personal Budget (if relevant)

Any information and advice to prevent, reduce and delay developing needs

Is this domain a section 117 Mental Health Act eligible need?

Yes

No

Managing toilet needs

Include picture?

Personal Outcomes

To be as independent as possible getting on and off the toilet.

How the eligible care and support need is being met informally e.g. by my carer, the community, equipment

Referral to OT to review.

How the unmet eligible need will be met by Personal Budget (if relevant)

Any information and advice to prevent, reduce and delay developing needs

Is this domain a section 117 Mental Health Act eligible need?

Yes

No

Being able to use the home safely

Include picture?

Personal Outcomes

To be able to move as safely as possible around the cell.

How the eligible care and support need is being met informally

Referral to OT to review

How the unmet eligible need will be met by Personal Budget (if relevant)

Any information and advice to prevent, reduce and delay developing needs

Is this domain a section 117 Mental Health Act eligible need?

Yes

No

Managing and maintaining nutrition

Include picture?

Personal Outcomes

To have access to regular meals

How the eligible care and support need is being met informally

Wing Carer to collect meals as needed. Johnny wants to remain as independent as possible.

How the unmet eligible need will be met by Personal Budget (if relevant)

Any information and advice to prevent, reduce and delay developing needs

Is this domain a section 117 Mental Health Act eligible need?

Yes

No

Maintaining a habitable home environment

Include picture?

Personal Outcomes

To have a clean cell however wants to do as much for himself as possible.

How the eligible care and support need is being met informally

Wing Carer to support with cleaning cell as needed. Johnny wants to remain as independent as possible.

How the unmet eligible need will be met by Personal Budget (if relevant)

Any information and advice to prevent, reduce and delay developing needs

Is this domain a section 117 Mental Health Act eligible need?

Yes

No

If yes, have you completed the following?

Making use of necessary facilities in the local community

Include picture?

Personal Outcomes

To be able to access other areas of the prison

How the eligible care and support need is being met informally

Refer to OT for walking aid.
Johnny currently has access to prison provided wheelchair that he uses to scoot himself around with.

How the unmet eligible need will be met by Personal Budget (if relevant)

Any information and advice to prevent, reduce and delay developing needs

Is this domain a section 117 Mental Health Act eligible need?

- Yes No

Do you need to record additional information relating to Keeping Safe and Well?

- Yes No

Do you need to add any Day Services?

- Yes No

Needs Matrix

Need	Non-Social Care funded support hours per week (Informal)	Social Care Funded support hours per week	Support Type	Your Rationale and detail for Providers/Purchasing

About the Carer

What eligible and non eligible needs is the carer going to be meeting?

n/a

To what extent is the carer/s both willing and able to provide this support?

any appropriate/unacceptable behaviours exhibited towards carers will not be tolerated and may lead to termination of support

Has the carer received a carers assessment?

Contingency Planning

If there are difficulties, how will they stay safe and well?

Ongoing engagement with Healthcare and Prison staff

What will happen if there is an emergency or sudden change in their circumstances?

Healthcare/ Prison staff to summons emergency help as needed.
Re refer to Adult Social Care if required.

Is there an Advance Statement or Advance Decision in place? Please provide details

Support/ Service/ Provisions to be provided

The person's care preferences

To have support to have as shower but still to be as independent as possible.

Please identify which of the following have been considered and included within the development of the Care and Support Plan

Technology enabled care

- Included within the Care and Support plan
- Considered, but declined by person
- Considered, but not appropriate
- Considered, but not available
- Not considered

Enablement

- Included within the Care and Support plan
- Considered, but declined by person
- Considered, but not appropriate
- Considered, but not available
- Not considered

Occupational Therapy

- Included within the Care and Support plan
- Considered, but declined by person
- Considered, but not appropriate
- Considered, but not available
- Not considered

Voluntary/ Community Services

- Included within the Care and Support plan
- Considered, but declined by person
- Considered, but not appropriate
- Considered, but not available
- Not considered

Micro Enterprises

- Included within the Care and Support plan
- Not considered
- Considered, but declined by person
- Considered, but not appropriate
- Considered, but not available

Family and Carers

- Included within the Care and Support plan
- Not considered
- Considered, but declined by person
- Considered, but not appropriate
- Considered, but not available

Other creative solutions

- Included within the Care and Support plan
- Not considered
- Considered, but declined by person
- Considered, but not appropriate
- Considered, but not available

Existing services and change required

Please ensure you record All Service Types that will need to be commissioned. Please also provide any additional information/specific requirements for each service type that may assist in the process of purchasing these services.

All Services Required (existing services and changes)

Service Type	Required Service Start Date	Requested Service Change Date (if appl.)	Comments
Homecare	08/08/2024		30 mins double handed support daily to shower. Provide by Blossoms block contract.

Homecare

Schedule of Care and Support

Task Requirements	Day of week	Specific day(s)	Part of day	Time Sensitive Need (if applicable*)
To support Johnny to get to the shower and access this. Carers to support Johnny to have a thorough shower ensuring he is enabled to do as much as possible himself	Every day			

Does the client require any double-handed care for moving and handling rather than for behaviour need only?

Yes

No

Support Plan Approval

Support Plan Approval

Name	AMANDA SAVILL
Job role	Community Team Manager
Team	Sheppey
Date of approval	19/08/2024

Please provide details of any worker(s) consulted in order to reach this decision

Completion Details

Why the event has not been completed

This care and support plan was completed

By Phone

Face to Face

A mixture of phone and face to face

Reviewing my care and support plan

Date of next review

Details of all parties involved in completing this care and support plan

Name	Relationship	Job Title (if applicable)	Telephone

Completion details

Name

Job role

Team

Date

Agreement

I agree with my care and support plan:

Yes

No

My Signature

My Name

Johnny Black

Date

Or: Signature, name & status of legal representative*:

Representatives Name

Date

Or: If the person does not have a legal representative: Signature of decision-maker:

Name of decision-maker:

Date

*A legal representative is someone who: Has LPA (Personal Welfare for the purpose of this document), Holds a Personal Welfare deputyship **or** Has been specifically authorised by order to the Court of Protection

The original signed plan to be retained by the practitioner and a copy of the signed plan to be given to the adult