

# MADE Care and Support Plan



## Personal Details

### Which pathway has this Care and Support Plan step come from?

- OT Assessment
- Review
- Enablement Final Review
- LD Transitions
- Care Needs Assessment
- Short Term Pathway

### Name

Roger Khan

### Date of birth

13/10/1953

### Age

70

### Address

Standford Hill H M Prison  
 Church Road  
 Eastchurch  
 Sheerness  
 ME12 4AA

### Current address

Standford Hill H M Prison  
 Church Road  
 Eastchurch  
 Sheerness  
 ME12 4AA

### Summary of Telephone Numbers

Household Structure	
NHS ID	4560455678
Gender	Male

**Is the gender the person identifies with the same as was registered at birth?**

- Yes
- No

Ethnicity	Asian/Asian British
Sub-Ethnicity	Any other Asian Background
Ethnicity Details (if Other)	
Religion	Not Stated
Preferred Language	English
Nationality	Not Known
Marital Status	Unknown
Service User Group	Physical Support Access and Mobility Only 65+

### Sexual Orientation

- Heterosexual or Straight
- Gay or Lesbian
- Bisexual
- Other sexual orientation not listed

- Person asked and does not know or is not sure     Not stated (person asked but declined to provide a response)     Not known (not recorded)

**Has the person previously served in the UK Armed Forces?**

- Yes, previously served in Regular Armed Forces     Yes, previously served in Reserve Armed Forces     No

Employment status

Not in Employment - Imprisonment

**GP Details**

Surgery Name and Address

Contact number

**Is there any reason to doubt the person's mental capacity in being able to participate fully in this process?**

- Yes     No  
 Not Known

**Does the person have substantial difficulty in being fully involved in the assessment process?**

- Yes     No

**Communication Needs**

**Does the person have any communication needs?**

- Yes     No  
 Not Known

**Additional information - please describe any specific communication needs e.g. 'only contact by text', 'do not call in the morning'.**

Roger reports that he is dyslexic but he manages to get by - he reports that on the outside a computer helps him with correcting spelling etc. which is beneficial and helps him manage his dyslexia. This does not bother him too much day to day, as he does not fill out a menu sheet.

- Interpreter Required?
- Please confirm that communication needs have been reviewed

**Pen Picture**

No image entered

Roger is currently at HMP Standford Hill (open prison). At his Care Needs Assessment in May 2024, he reported that has been there for about a year, and reports that he has approximately 18 months left of his sentence.

Roger is originally from Birmingham. He has also lived in Sheerness. Before he came to prison, he lived in Blackheath.

Roger has a partner called Mary, who is very important to Roger and they have remained in a loving relationship throughout his time in custody. Roger speaks to Mary on the phone 3 times per day. When Roger is granted home leave, Mary meets all of Roger's care needs.

Roger used to be a builder and used to work on the docks too.

Roger resides in a pod on C wing, which is a small self-contained unit with a private bathroom. He prefers this to being in a cell with communal facilities. He usually keeps his window wide open, and others on the wing say hello or stop and chat with him as they go by.

Roger has many health conditions, including Crohn's Disease, lung disease, and a hiatus hernia. Roger is now on 24/7 oxygen with a concentrator in his pod, and when he leaves his pod he has a mobile oxygen concentrator that is on a trolley or he uses a portable cylinder. Roger experiences extreme shortness of breath on exertion. Roger has bought himself an electric wheelchair which he uses to travel out of his pod.

Roger is receiving palliative care and his health is likely to deteriorate further. As of August 2024, compassionate release has been denied.

Roger has a radio which he can use to contact the office/reception 24/7, if he has a problem.

Roger has received an OT assessment and has some equipment to support him to remain independent.

Roger is receiving support from Blossoms and a wing buddy, to stay well.

### Care and Support Needs Identified at Assessment

#### Maintaining personal hygiene

Ability to achieve outcome

Able to achieve without assistance but takes significantly longer than would normally be expected

Significant impact on well-being

Yes

#### Being appropriately clothed

Ability to achieve outcome

Able to achieve without assistance but takes significantly longer than would normally be expected

Significant impact on well-being

Yes

#### Managing toilet needs

Ability to achieve outcome

Able to achieve without assistance or significant impact on well-being

Significant impact on well-being

No

**Being able to use the home safely**

Ability to achieve outcome

Able to achieve without assistance but doing so endangers or is likely to endanger the health or safety of the person, or of others  
Significant impact on well-being

Yes

**Managing and maintaining nutrition**

Ability to achieve outcome

Able to achieve without assistance but doing so endangers or is likely to endanger the health or safety of the person, or of others  
Significant impact on well-being

Yes

**Maintaining a habitable home environment**

Ability to achieve outcome

Able to achieve without assistance but takes significantly longer than would normally be expected  
Significant impact on well-being

Yes

**Making use of necessary facilities in the local community**

Ability to achieve outcome

Able to achieve without assistance but takes significantly longer than would normally be expected

Significant impact on well-being

Yes

**Developing and maintaining family and other relationships**

Ability to achieve outcome

Able to achieve without assistance or significant impact on well-being

Significant impact on well-being

No

**Accessing and engaging in work, training, education or volunteering**

Ability to achieve outcome

Able to achieve without assistance but doing so endangers or is likely to endanger the health or safety of the person, or of others

Significant impact on well-being

Yes

**Eligible Needs**

Maintaining Personal Hygiene

Being Appropriately Clothed

Being able to make use of the Home Safely

Managing and Maintaining Nutrition

Maintaining a Habitable Home Environment

Making use of Necessary Facilities in the Local Community

Accessing and Engaging in Work, Training, Education or Volunteering

**Non-eligible needs**

**Managing Toilet Needs**

Developing and Maintaining Family or Other Personal Relationships

**Non-assessed domain**

Carrying out any Caring Responsibilities the Adult has for a Child

Overall eligibility decision

Eligible

**My Support Needs Identified and My Personal Outcomes**

**Are there any other plans for the person that need to be taken into consideration (such as plans of carers or family members, or Education, Health and Care, multi-agency, Section 117 Mental Health Act and other plans)?**

Yes

No

**Eligible Needs**

**Managing Personal Hygiene**

Include picture?

Personal Outcomes

To be supported to stay clean and fresh.

How the eligible care and support need is being met informally

Wing carer to support Roger to complete laundry using the facilities on the pods, when Roger is struggling with this due to overexertion.  
Equipment provided e.g shower stool.

Mary meets this need when Roger is on home leave.

How the unmet eligible need will be met by Personal Budget (if relevant)



Carers to support Roger in the shower or via a strip wash, with washing and drying parts of his body that he cannot reach easily, like his back and feet.

**Any information and advice to prevent, reduce and delay developing needs**

Roger will often prefer to shower early in the morning before the carers arrive, and then the carers help to wash parts that he cannot reach easily.

**Is this domain a section 117 Mental Health Act eligible need?**

- Yes
- No

**Being appropriately clothed**

- Include picture?

**Personal Outcomes**

To always be wearing clean, comfortable and appropriate clothing.

**How the eligible care and support need is being met informally**

Roger has a sock aid but still finds this difficult to use some days as it does involve physical bending and reaching still to some extent.

Roger often wears slip on shoes for ease.

Mary meets this need when Roger is on home leave.

**How the unmet eligible need will be met by Personal Budget (if relevant)**

Carers to support with putting on shoes and socks.

Carers to support with putting on all clothing, only if Roger is particularly struggling with his energy and breathlessness. Roger will manage this independently when he can.

**Any information and advice to prevent, reduce and delay developing needs**

**Is this domain a section 117 Mental Health Act eligible need?**

Yes  No

**Being able to use the home safely**

Include picture?

**Personal Outcomes**

To remain as independent as possible

To be able to stay safe in my home but also eat one hot meal a day of my choice

**How the eligible care and support need is being met informally**

Wing buddy to prepare and cook one hot meal per day of Roger's choosing  
Time of meal to be discussed and agreed between Roger and wing buddy.  
Mary meets this need when Roger is on home leave.

**How the unmet eligible need will be met by Personal Budget (if relevant)**

Need met informally

**Any information and advice to prevent, reduce and delay developing needs**

Roger's oxygen should not be situated too close to an open flame, and he should always be in a well ventilated space.

**Is this domain a section 117 Mental Health Act eligible need?**

Yes  No

**Managing and maintaining nutrition**

Include picture?

**Personal Outcomes**

To remain as independent as possible

To be able to stay safe in my home but also eat one hot meal a day of my choice

**How the eligible care and support need is being met informally**

Wing buddy to prepare and cook one hot meal per day of Roger's choosing  
Time of meal to be discussed and agreed between Roger and wing buddy.  
Mary meets this need when Roger is on home leave.

**How the unmet eligible need will be met by Personal Budget (if relevant)**

Need met informally

Any information and advice to prevent, reduce and delay developing needs

**Is this domain a section 117 Mental Health Act eligible need?**

Yes

No

**Maintaining a habitable home environment**

Include picture?

**Personal Outcomes**

To live in a clean and tidy environment.

**How the eligible care and support need is being met informally**

Wing carer to support Roger with sweeping and mopping pod, laundry, making bed and changing bed sheets, and emptying the bin.  
Mary meets this need when Roger is on home leave.

**How the unmet eligible need will be met by Personal Budget (if relevant)**

Need met informally

Any information and advice to prevent, reduce and delay developing needs

**Is this domain a section 117 Mental Health Act eligible need?**

- Yes
- No

If yes, have you completed the following?

**Making use of necessary facilities in the local community**

- Include picture?

**Personal Outcomes**

To remain as independent as possible.

To receive some support to get to places within the prison, and in the community (when on home leave)

**How the eligible care and support need is being met informally**

Wing carer to support Roger to access the on-site shop, and to carry shopping back to his pod.

Prison staff to bring medication to Roger daily

Prison staff to make suitable arrangements for Roger's travel to and from home leave, and to and from appointments in the community.  
Mary meets this need when Roger is on home leave.

**How the unmet eligible need will be met by Personal Budget (if relevant)**

Any information and advice to prevent, reduce and delay developing needs

**Is this domain a section 117 Mental Health Act eligible need?**

- Yes
- No

**Accessing and engaging in work, training, education or volunteering**

Include picture?

**Personal Outcomes**

To engage in some form of regular activity or work in the prison.

How the eligible care and support need is being met informally

Prison staff and PERS team to support Roger to find suitable activities/work for him within the prison.

How the unmet eligible need will be met by Personal Budget (if relevant)

Any information and advice to prevent, reduce and delay developing needs

**Is this domain a section 117 Mental Health Act eligible need?**

Yes

No

**Do you need to record additional information relating to Keeping Safe and Well?**

Yes

No

**Do you need to add any Day Services?**

Yes

No

**Needs Matrix**

Need	Non-Social Care funded support hours per week (Informal)	Social Care Funded support hours per week	Support Type	Your Rationale and detail for Providers/Purchasing
Maintaining personal hygiene		3.5	2:1	

**Managing toilet needs - Non Eligible**

Personal Outcome

To remain independent in this area.

Any information and advice to prevent, reduce and delay developing needs

**Is this domain a section 117 Mental Health Act eligible need?**

Yes

No

**Developing and maintaining family and other relationships - Non Eligible**

Personal Outcome

To remain independent in this area.

Any information and advice to prevent, reduce and delay developing needs

**Is this domain a section 117 Mental Health Act eligible need?**

Yes  No

**About the Carer**

**What eligible and non eligible needs is the carer going to be meeting?**

Prison staff, Blossoms and wing buddy are to meet Roger's needs according to this plan, whilst he remains at HMP Standford Hill.

**To what extent is the carer/s both willing and able to provide this support?**

Suitable wing buddy (or buddies) to be designated by the prison. Should these people have any issues providing the support, they should notify prison staff so that alternatives can be arranged.

Any inappropriate/unacceptable behaviours exhibited towards carers will not be tolerated and may lead to termination of support.

**Has the carer received a carers assessment?**

N/A

**Contingency Planning**

**If there are difficulties, how will they stay safe and well?**

Roger has a radio which he can use to contact the office/reception 24/7, if he has a problem.

Roger can speak to his wing carer or officers to report any issues.

Roger should speak to prison staff if he feels too isolated in the pods on C wing.

OT review and social care review may be arranged if Roger continues to struggle with daily tasks.

**What will happen if there is an emergency or sudden change in their circumstances?**

Prison staff to contact emergency services for Roger.

The care agency will notify Adult Social Care as soon as possible if they have any issues providing this support.

The wing carer will speak to prison staff if they have any difficulty fulfilling their role or if they are unable to fulfill this role anymore. The prison have a duty in this circumstance to source another wing carer.

**Is there an Advance Statement or Advance Decision in place? Please provide details**

Unknown

**Budget Monitoring and Funding Arrangements**

**Are you drafting or finalising this support plan?**

Draft

Final

**Personal budget based on your needs assessment**

Weekly budget £	98.35
Annual budget £	5128.24
My contribution £:per week	0
Direct payment amount (if relevant) £:per week	
Frequency of payments	4 weeks



**How the personal budget money will be paid**

- Direct Payment
- Managed Service
- Client Financial Affairs

**NHS continuing healthcare funding**

**Has NHS checklist been completed?**

- Yes
- No

Reason not completed

**Is the person eligible for CHC funding**

- Yes
- No

Not known

**NHS funded nursing care**

**Does the person need considering for funded nursing care?**

- Yes
- No

Not known

Please provide further information

**Support/ Service/ Provisions to be provided**

### The person's care preferences

30 mins daily, double handed, complex rate HMP contract

### Please identify which of the following have been considered and included within the development of the Care and Support Plan

#### Technology enabled care

- Included within the Care and Support plan
- Not considered
- Considered, but declined by person
- Considered, but not appropriate
- Considered, but not available

#### Enablement

- Included within the Care and Support plan
- Not considered
- Considered, but declined by person
- Considered, but not appropriate
- Considered, but not available

#### Occupational Therapy

- Included within the Care and Support plan
- Not considered
- Considered, but declined by person
- Considered, but not appropriate
- Considered, but not available

#### Voluntary/ Community Services

- Included within the Care and Support plan
- Not considered
- Considered, but declined by person
- Considered, but not appropriate
- Considered, but not available

**Micro Enterprises**

- Included within the Care and Support plan  Considered, but declined by person  Considered, but not appropriate  Considered, but not available
- Not considered

**Family and Carers**

- Included within the Care and Support plan  Considered, but declined by person  Considered, but not appropriate  Considered, but not available
- Not considered

**Other creative solutions**

- Included within the Care and Support plan  Considered, but declined by person  Considered, but not appropriate  Considered, but not available
- Not considered

**Existing services and change required**

Please ensure you record All Service Types that will need to be commissioned. Please also provide any additional information/specific requirements for each service type that may assist in the process of purchasing these services.

**All Services Required (existing services and changes)**

Service Type	Required Service Start Date	Requested Service Change Date (if appl.)	Comments
CSIH	21/06/2024		30 mins daily, double handed, complex rate HMP contract

**Does the client require any double-handed care for moving and handling rather than for behaviour need only?**

Yes  No

### Support Plan Approval

#### Support Plan Approval

Name	AMANDA SAVILL
Job role	Community Team Manager
Team	Sheppey
Date of approval	19/08/2024

Please provide details of any worker(s) consulted in order to reach this decision

### Completion Details

Why the event has not been completed

**This care and support plan was completed**

By Phone

Face to Face

A mixture of phone and face to face

**Reviewing my care and support plan**

Date of next review

30/07/2025

**Details of all parties involved in completing this care and support plan**

Name	Relationship	Job Title (if applicable)	Telephone

**Completion details**

Name	SOPHIE RADLEY
Job role	Social Worker
Team	SI SWALE - PRISONS
Date	08/08/2024

**Agreement**

**I agree with my care and support plan:**

Yes

No

**My Signature**

*R. Khan*

**My Name**

Roger Khan

**Date**

18/09/2024

**Or: Signature, name & status of legal representative\*:**

**Representatives Name**

Date

Or: If the person does not have a legal representative: Signature of decision-maker:

Name of decision-maker:

Date

\*A legal representative is someone who: Has LPA (Personal Welfare for the purpose of this document), Holds a Personal Welfare deputyship or Has been specifically authorised by order to the Court of Protection

**The original signed plan to be retained by the practitioner and a copy of the signed plan to be given to the adult**

**Matrix Summary and Purchase Information**

Information about the care package or breakdown of costings (if applicable)

HMP Contract  
30 mins daily AM

**Purchasing a Care Package**

**Is this a new package or a package change?**

- New package
- Change to existing package
- No changes required - current services continue
- No package required

Required start date for package

**Is this package to be joint funded with another team/health?**

- Yes
- No

**Support Needed**

**Remaining day time hours**

**Day Services (Hours)**

How many hours of additional support?

Ratio (:1)

**Informal**

**3:1**

**2:1**

**1:1**

**Shared**

**Calculations**

**Night time hours**

